



Out Of Control Sexual Behavior (OCSB)

A Therapeutic, Educational Support Group for Men

Gain Knowledge, Skills & Strength to Overcome OCSB

13 Consecutive weeks of combined educational, experiential exercises, and group discussions designed to help you heal, learn and grow!

Group Therapy is one of the most effective forms of treatment for Out of Control Sexual Behavior (OCSB). This is a **Therapy Based, Skills Building, Educational Support Group**. For men that are having difficulty with OCSB such as masturbation, porn, massage parlors, prostitutes, etc... These behaviors often lead to very strain & destructive relationships with others and negative consequences in every area of an individual's life (e.g., financial, social, self-esteem, etc.). You will discover more about the reasons for your OCSB and the skills that are essential to stop acting out. You will learn the components and skills necessary to support healthy long-term relationships and marriages. Through weekly group exercise and discussions you will learn to realize healthier ways of living, communicating and gain the ability to create deeper more meaningful relationships in your life.



**This 13 Week Group Fills Up Fast
Register Now!**

Meeting Times:

Every Sunday for

13 Weeks from 6:00pm - 7:30pm

Location:

Fort Lauderdale Behavior Therapy
1975 E. Sunrise Blvd. #509 Fort Lauderdale

Call:

954-951-3077

E: Mitchel@BehaviorAddictions.com

Visit: WWW.BehaviorAddictions.com

Group is Co-Facilitated by:

Mitchel Rosenholtz, MSW, LCSW
Else Lopez, MSW & Registered Clinical
Social Work Intern

**Join us in this Confidential, No
Judgment, Interactive Group for Men**

Topics Include:

- ✓ Acting Out and Anxiety
- ✓ Empathy and Understanding
- ✓ Transparency and Relational Integrity
- ✓ Communications Style and Methods
- ✓ Understanding Shame, Guilt & Remorse
- ✓ Challenging Belief Values
- ✓ Vulnerability and Intimacy
- ✓ And More...